

# Community Supports—helping you access the help and care you need.

Introducing Community Supports, a free coordinated care service for those with complex health and social needs.

## What is the Community Supports Program?

Community Supports are free services in addition to your regular Medi-Cal health plan.

From helping you locate and secure safe, stable housing, to providing at-home care and much more, we got you covered!

## How can Community Supports help me?

There are many Community Supports services including:

### Housing Services

- Obtaining housing
- Housing deposits (Security, 1st and last rent, utilities)
- Maintaining tenancy and safe living conditions
- Short-term post hospitalization housing

### Care Services

- Post-hospitalization care
- Caregiver relief/respite
- Post-nursing care community integration
- Home accessibility modifications
- Personal/homemaker services (ex. bathing, cooking, cleaning)
- Food security and medically-tailored meals
- Sobering centers



## Your own Housing Navigator

When you're part of the Community Supports program you will have your own 'Housing Navigator.' This person is your point of contact and will work with you and your family members, or caregiver to get you the help and care you need. You'll talk to them on the phone or meet them in person to discuss and plan your care needs.

## About us

Titanium Healthcare has been assigned as an official provider of Community Supports services in your area. Our experienced and friendly team is here to take care of you and will always have your back!

## How do I join?

To qualify for the Community Supports program, you must be enrolled in a Medi-Cal health plan and meet certain eligibility requirements.

**Please call us at the helpline number below to see if you qualify.**

**Community Supports**  
**Helpline: (562) 459-3943**

[tihealthcare.com](https://www.tihealthcare.com)

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